

# BUSHIDO SCHOOL OF MIXED MARTIAL ARTS

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September, 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Closed
2 Closed	3 Closed	4 Classes Resume	5 Little Bushido Session Begins	6	7	8
9	10	11	12	13	14	15 Promotion Test
16 ←	17 ←	18 Train	19 With A	20 Friend	21 →	22 Movie Night
23 ←	24 ←	25	26 Order Wood	27	28 →	29
30						

## NOTES:

\*\* After School Enrichment Karate Program is the best alternative for parents with a very busy schedule. Schedule an appointment today for more information. Hurry! Space is limited!

\*\* We will be closed from Wednesday August 29<sup>th</sup> - Monday September 3<sup>rd</sup> for Labor Day. Classes will resume on Tuesday, September 4<sup>th</sup>. Regular dress code is in effect on Tuesday, September 4<sup>th</sup>.

\*\* Little Bushido Program, for 3-5 years old, is from September 5<sup>th</sup> - October 10<sup>th</sup>.

\*\* The Promotion Test will be on Saturday, September 15<sup>th</sup>. The Test will begin promptly @ 1:30pm. All candidates and Black Belts must be here @ 1:00pm. All students are encouraged to attend & show their support.

\*\* Train With A Friend week will be from Sunday September 16<sup>th</sup> - Saturday September 22<sup>nd</sup>. Invite a friend to any Beginner Karate, Total Body Conditioning, or MMA Fitness & Conditioning Class.

\*\* Movie Night is back & will be on Saturday September 22<sup>nd</sup>. Come for all the fun and excitement at a new time: 5:00 - 8:30pm

\*\* Begin ordering wood from Sunday September 23<sup>rd</sup> - Saturday September 29<sup>th</sup>. Wood Breaking week is from Tuesday October 8<sup>th</sup> - Saturday October 13<sup>th</sup>.

\*\* Want to lose weight & get in shape? Speak to our Programs Director and see which program is right for you! Sign up for our Fall Promotions today!



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