

BUSHIDO SCHOOL OF MIXED MARTIAL ARTS

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JULY, 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Closed
2 Closed	3 Closed	4 Closed Happy 4 th of July	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29 Promotion Test 1PM
30	31					

NOTES:

** We will be closed from July 1st thru July 4th. Enjoy your Independence Day !!

** The Promotion Test on Saturday, July 29th will start promptly at 1PM. Everybody should be dressed and on the mat by 12:30 PM.

** The Total Body Conditioning Class meets on Saturdays at 9:30 AM and Tuesdays at 7:15 PM. Come exercise with us!



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